Teen Chore Chart

Daily habits, plus a weekly list done on your own schedule.

Name _____

Week of _____

EVERY DAY

HABIT	MON	TUE	WED	THU	FRI	SAT	SUN
Bed made, room to standard	☐	☐	☐	☐	☐	☐	☐
Own breakfast	☐	☐	☐	☐	☐	☐	☐
Kitchen clean-up (assigned nights)	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐

THIS WEEK

JOB	DONE BY	DONE	WORTH
Do all your own laundry, including bedding		☐	
Clean the kitchen properly		☐	
Deep-clean a bathroom		☐	
Vacuum and mop the house		☐	
Plan and cook a family dinner		☐	
Mow and edge the lawn		☐	
Wash and vacuum the car		☐	
		☐	
		☐	

Tip: Weekly deadline, their timing. Done by Sunday at six is a rule a teen can live with. Do it now usually starts a fight.